

a collaboration of NE CT libraries



Quiet Corner Reads

presents

IN DEFENSE OF FOOD

AN EATER'S MANIFESTO

by Michael Pollan



Eat food.
Not too much.
Mostly plants.

Book discussions & programs at NE CT Public Libraries

books, films, gardening, farming, healthy cooking, nutrition, agritourism, and more

Copies available at your local Public Library!

Or for purchase at Wonderland Books, 20% discount with library card!

QUIET CORNER EATS!

Sat, Oct 2, 2010, 11AM—2PM

@ Thompson Library & Community Center

...local food producers, cooking demos, door prizes, and more...

Special
Guests!

Rob Landolphi
Gluten-free Chef

&

Denise Chicoine
of Healing Partners

details and schedule of book discussions & events @

www.QuietCornerReads.org

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